

**PATIENT HOME CARE INSTRUCTION
FOR TEMPORARY CROWNS AND/OR BRIDGES**

1. The crown and/or bridge work that has been seated today is a temporary structure. Please wait until one to two hours before eating.
2. Be cautious in biting. Avoid hard or sticky foods.
3. When you floss around the temporary, please pull the floss from the side of the tooth to avoid loosening the cement seal and pulling the temporary off.
4. Rinse two times a day with warm salt water until you return to the office to keep the gum tissue healthy.
5. If your temporary comes off anytime before your next appointment, please call the office during our regular hours. The temporary not only has an esthetic function, and keeps the tooth/teeth from being sensitive, it maintains the space that is needed to make the permanent crown fit properly.
- 6. IT IS YOUR RESPONSIBILITY TO RETURN TO THE OFFICE WITHIN FIVE WEEKS TO HAVE THE PERMANENT CROWN AND/OR BRIDGE WORK SEATED. IF YOU WANT LONGER THAN FIVE WEEKS, YOU MAY NEED YOUR WORK REDONE AT AN ADDITIONAL COST TO YOU.**
7. Because of the availability and the length of appointments for crown and bridge work, it is important that you keep your scheduled appointments and be on time.
8. For any questions and problems please contact our office at (317)578-9696